

St. Gregory's Catholic High School

Cromwell Avenue, Westbrook, Warrington, Cheshire, WA5 1HG.
Telephone: 01925 574888



Headteacher
Mr E McGlinchey BSc (Hons) NPQH & NPQEL

16th April 2024

Our ref: SH/PF/04/24

Dear Parents and Carers,

As a part of your child's education at St Gregory's Catholic High School, we promote wellbeing and development through a comprehensive Personal Development curriculum that includes citizenship and relationships and sex education. Personal Development is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that throughout the school year, your child will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. During the five years that your child will be at St Gregory's, RSE lessons will include teaching about: Healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe; consent; developing self-esteem and confidence. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

Personal Development is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. RSE is part of the mission of Catholic schools to educate the whole person. At all times, the curriculum will be faithful to the Church's vision of human wholeness, whilst recognising the contemporary context in which we live today. We are required to consult parents and carers about our RSE policy, which can be found on the school's website. Please read the policy and if you have any questions or if you would like to request a paper copy, then please do not hesitate to request a copy.

Whilst RSE is compulsory, parents and carers do have the right to withdraw pupils from sex education, but not relationships and health education. If this is something you would like to discuss or if you would like to find out more information, please contact Mrs Hosty via email.

Yours faithfully

Mrs S Hosty
Assistant Headteacher
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One family... inspired to learn.'



Email: schoolenquiry@stgregoryshigh.com
Website: www.stgregoryshigh.com

St. Gregory's R.C. High School Appeal Trust. A REGISTERED CHARITY

