



OCR Cambridge National in Sport Studies



Archdiocese of Liverpool

Curriculum intent:

The intent of the PE curriculum at St. Gregory's Catholic High School is to strike the right balance between provision, participation and performance for all of our pupils. The PE curriculum has been designed to provide pupils with an enjoyable and stimulating experience, which broadens their sporting horizons and provides the platform for a lifelong healthy lifestyle.

Our intent as a department is to ensure that our curriculum

1. Provides our pupils with new sporting experiences and increases their intellectual understanding of the subject
2. Fosters a love of learning for the subject that stimulates the academic and practical inquisitiveness of our pupils
3. Creates clear pathways for pupils to study the subject further in Key Stage 4 and beyond secondary education into post -16 education and employment

Year 11 Cambridge National in Sport Studies

TERM 1

Content

RO52 Developing Sport Skills
Identifying areas for improvement
Types of skill and practice
Methods of improvement and monitoring progress

RO53 Sports Leadership
Sports leadership styles
Sports leadership planning
Delivery of sports session

Concepts and Skills

-Understanding and evaluation of various sports leadership roles and responsibilities
-Variation of skill type and relevance and application to own sporting performance and additional sporting examples
-Demonstrate ability to effectively plan appropriate methods for monitoring improvement in sporting performance
-Explanation and analysis of effective sports leadership styles
Delivery of appropriate, safe and focused sports session

TERM 2

RO53 Sports Leadership
Delivery of sport session
Evaluation of sport session and implementation of appropriate adaptations

RO54 Sport and the Media
Methods of media coverage of sport
Positive effects of media coverage in sport
Negative effects of media coverage in sport
The relationship between sport and the media

-Delivery of appropriate, safe and focused sports session
-Evaluation of coaching performance and future planning of sessions to develop performance

-Understanding and evaluation of various media coverage platforms on local, national and international scale
-Pupils to be able to discuss and evaluate the relationship between sport and the media

TERM 3

RO53 Sport and the Media
Evaluation of media coverage in sport

Evaluate the positive and negative aspects of media in sport and how it relates to previous units studied regarding user groups, barriers to participation and engagement patterns in sport

