



Personal Development



Archdiocese of Liverpool

Curriculum intent:

Treat each child as a child of God and work to improve their knowledge and understanding of His world and their place within it.

Ensure that young people learn how to be a good citizen and take their place in God's world

Build upon previous learning and experiences to develop our young people's knowledge and understanding of themselves, society and the world they live in

Ensure that young people are socially developed and equipped with the personal skills necessary to embrace the next stage in their lives.

Challenge misconceptions, intolerance, prejudice and discrimination on the grounds of gender, race, creed, sexual orientation and/or disability as per the Equality Act 2010 ensuring that ALL are recognised as part of God's creation thereby encouraging them to challenge these intolerances in our society.

Year 7

TERM 1

Content

- **My Identity in the UK**
 - Diversity of our identities
 - What is my identity?
 - Stereotypes
 - British Diversity - A History
 - Diversity
 - Refugees and Asylum Seeker

Concepts and Skills

- Developing knowledge and understanding of diversity
- Developing tolerance and acceptance
- Challenging prejudicial ideology
- Collaborative learning
- Oracy Skills
- Remembering and understanding skills

TERM 2

- **Careers and Enterprise**
 - Understand more about yourself through careers, employability and enterprise education
 - Know where to look for useful information about careers and the world of work
 - Plan for the future using career management, employability and enterprise skills

- Knowledge of economic wellbeing and importance of budgeting
- Independent learning
- Developing economic literacy
- Application and analysis skills
- Development of discussion skills

TERM 3

- **Safe and Healthy Lifestyles**
 - Being Healthy
 - Exploring Relationships
 - Positive Mental Health
 - Managing Conflict
 - Responsible Choices (staying safe)
 - Puberty and Personal Hygiene
 - The Sleo Factor

- Knowledge of healthy lifestyles
- Developing personal awareness
- Developing mental coping strategies
- Relationship Analysis
- Questioning, evaluation and creative skills

