St. Gregory's Catholic High School

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Headteacher Mr E McGlinchey BSc (Hons) NPQH & NPQEL

Dear Parents and Carers

As our pupils head towards the well-deserved summer break, I just wanted to take the opportunity to thank you for your support this academic year. Also included in this letter is information to signpost parents and carers to opportunities available for young people over the summer holiday and apps to support parents and carers in keeping young people safe online.

Warrington Youth Zone

On Monday 14th July we had the great pleasure of welcoming the team from Warrington Youth Zone to St Gregory's. They met with our Year 7 pupils and discussed the wonderful opportunities that are available to them to access, every day, over the summer holiday break.

If you are unfamiliar with Warrington Youth Zone, it is a purpose-built state, of the art facility for the town's young people **aged 7 – 19**, and up to 25 for those with additional needs.

The Youth Zone is located on Dallam Lane, close to Warrington Central Station and Warrington Bus Station.

Warrington Youth Zone is based upon the successful OnSide Youth Zones Model, where members have access to state-of-the-art facilities for a cost of £5 per year and only 50p per visit.

Inside the Youth Zone young people have a choice of over 20 fun and engaging activities every day including sports, arts, music, media, dance, drama, cooking, employability and enterprise workshops, and much more. The Youth Zone is open 7 nights per week and young people can arrive unannounced – no booking is needed.

The team from WYZ are clear that money / access to funds should never be a barrier to young people accessing the activities or emotional well being support team, therefore please have a chat at reception at WYZ should you wish to do so. A nutritious hot meal can also be purchased for just £1.

Keeping children safe online

Today's teenagers are growing up in an increasingly complex world, living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks to their safety and emotional wellbeing. To support young people in navigating the online world safely, we would like to remind you of the apps we have previously informed Parents and Carers about that support young

One family... inspired to learn.'





people in being safe with their online activities. We recommend that Parents and Carers consider using apps such as the Qustodio app or parentaler app (other apps are available)!

These apps allow parents and carers to support young people in keeping themselves safe from online predators, inappropriate content, cyber bullying, mental health issues and sleep problems. We have received great feedback from parents/carers who use these apps and strongly recommend you consider installing them to monitor and support your child's online activity over the summer holiday.

www.qustodio.com www.parentaler.com

HAF programme

School holidays can be difficult for some families. The cost of extra food, childcare, and activities to keep children active and entertained can be challenging.

The <u>Holiday Activities and Food (HAF) programme</u> is a scheme funded by the Department for Education. It gives children who are **eligible for free school meals** the opportunity to take part in fun, enriching activities and receive a healthy meal. It runs during Easter, summer and the Christmas school holidays,

Places on the holiday schemes are available free of charge to children aged 5 to 16 who receive benefit related free school meals. There are spaces available at a reduced rate for those children that are not eligible for benefit related free school meals.

Each local programme will provide delicious, healthy meals, allow kids to get active, help them learn new things, make friends and have fun.

If you'd like to know more about the HAF programme, please email HAF@warrington.gov.uk, visit the HAF@warrington.gov.uk, visit

Holiday Activities and Food (HAF) Programme | warrington.gov.ukme

Finally our school website has the contact details of many organisations who can support young people and their families, and I would encourage all parents and carers to access support if needed from these listed, trusted organisations. The link to the website is below https://www.stgregoryshigh.com/pastoral/safeguarding

I wish you all a very happy and relaxing summer break and we look forward to continuing to work together in partnership when our young people return on Wednesday 3rd September 2025 at 11am.

Yours faithfully

Elizabeth Lavin

Deputy Headteacher