



Personal Development



Archdiocese of Liverpool

Curriculum intent:

Treat each child as a child of God and work to improve their knowledge and understanding of His world and their place within it.

Ensure that young people learn how to be a good citizen and take their place in God's world.

Build upon previous learning and experiences to develop our young people's knowledge and understanding of themselves, society and the world in which they live.

Ensure that young people are socially developed and equipped with the personal skills necessary to embrace the next stage in their lives.

Challenge misconceptions, intolerance, prejudice and discrimination on the grounds of gender, race, creed, sexual orientation and/or disability as per the Equality Act 2010 ensuring that all are recognised as part of God's creation, thereby encouraging them to challenge these intolerances in our society.

Year 7

	Content	Concepts and Skills
TERM 1	Safe and healthy relationships and well-being <ul style="list-style-type: none">Diversity of our identitiesDiscrimination, prejudice and stereotypesManaging ConflictKeeping ourselves safe onlineRefugees and asylum seeker	<ul style="list-style-type: none">Developing knowledge and understanding of diversityDeveloping tolerance and acceptanceHealthy relationshipsChallenging prejudicial ideologyCollaborative learningOracy SkillsRemembering and understanding skills
TERM 2	Living in the Wider World <ul style="list-style-type: none">Identify sources of support for both mental and physical healthPuberty and personal hygieneBeing healthy and understanding the sleep factorUnderstand more about yourself through careers, employability and enterprise educationKnow where to look for useful information about careers and the world of work. Plan for the future using career management, employability and enterprise skills.	<ul style="list-style-type: none">Knowledge of economic wellbeing and importance of budgetingIndependent learningDeveloping economic literacyApplication and analysis skillsDevelopment of discussion skills
TERM 3	Safe and healthy relationships <ul style="list-style-type: none">Globalisation and its impactExploring relationshipsResponsible choices (staying safe)Understand the impact of puberty on mental and physical healthExplore the importance of diet and exercise	<ul style="list-style-type: none">Knowledge of healthy lifestylesDeveloping personal awarenessDeveloping mental coping strategiesRelationship AnalysisQuestioning, evaluation and creative skills

